



PATHWAYS FROM HOMELESSNESS 2024

WEDNESDAY 13 - THURSDAY 14 MARCH 2024

- St Mary's London, Wyndham Pl, York St, London, W1H 1PQ
- Networking hubs in Manchester, Leeds & Birmingham
- Online



Working with



Faculty
For Homeless & Inclusion Health

Pathways from Homelessness
Evidence Into Action


DAY 1: WEDNESDAY


Refreshments, exhibition,
reception: Undercroft
Thinkpods: Royal Oak Pub
Plenaries: Main Hall

9:00 Registration, Networking, Exhibition & Poster Viewing

10:00 - 11:15 - **PLenary ONE: FROM EVIDENCE TO ACTION - INCLUSION HEALTH IN TODAY'S NHS**

10:00	Chair's Opening Remarks	Alex Bax , Chief Executive & Mandy Pattinson , Lived Experience Programme Manager, Pathway
10:10	Keynote Address	Professor Kamila Hawthorne MBE , Chair of Council, Royal College of General Practitioners
10:20	The Effectiveness of Different Models of Primary Health Care Services for People who are Homeless	Dr Maureen Crane , Visiting Senior Research Fellow & Dr Louise Joly , Visiting Research Fellow. King's College London
10:45	In conversation with... the above speakers, plus:	Pete Bull , Pathway Expert By Experience Dr Laura Neilson , Chief Executive, Shared Health Foundation


Stream A: Main Hall
Stream B: Room 4
Stream C: Room 3
Stream D: Room 2

11:15 - 11:45 Refreshments, Networking, Mobile Outreach Services, Exhibition & Posters

11:45 **CONCURRENT SESSIONS 1**

A: Meeting the needs of asylum seekers

11.45-13.15

Chair: **Dr Angela Burnett**

Understanding and addressing the needs of refugee and asylum-seeking children and young people

Dr Amy Stevens, Public Health Lead, Bevan Healthcare CIC

A picture of the level of complex need of asylum seekers as seen by a specialist primary care provider

Dr Eleanor Osey & **Dr Edward Orsi**, General Practitioners, Inclusion Healthcare

5 years of safe surgeries and 'They just left me': research report on asylum seekers, health and access to healthcare in initial and contingency accommodation

Niloha Rangel, National Health Advisor & **Lucy Jones**, Associate Director of Research, Doctors of the World UK

"This is silent murder": Are we medicalizing human distress caused by the reality of life as an asylum seeker in the UK?

Dr Emily Clark, GP, Prospect Medical Practice & **Rasha Ibrahim**, CEO, The Zainab Project

B: People in mental health services

11.45-13.15

Chair: **John Connolly**

Learning from the 'Everyone In' approach to providing mental and physical health support to people experiencing homelessness for translation into future health and policy

Neha Jain, Research Assistant & **Emma Adams**, NIHR Doctorate Fellow, Newcastle University

Stigma and lived experience in the homelessness sector

Dan Bleksley, Research Officer, Groundswell

Trauma informed systems: practical, co-produced recommendations

Hazel Renouf, Trauma Informed Systems Manager, NHS Bristol, North Somerset and South Gloucestershire Integrated Care Board

C: Improving services through co-production

11.45-12.45

Chair: **Mandy Pattinson & Gareth Davis**

Co-producing palliative and end of life care research with people with lived experience of homelessness: The TIFFIN recommendations

Jodie Crooks, Qualitative Research Manager, Marie Curie

My story, my words, my voice

Nicolas Guy, Operational Lead & **Tracey Williams**, Queen's Nurse; Honorary Fellow Faculty Homeless and Inclusion Health; Norfolk and Waveney ICB

Tackling trauma to end homelessness

Luke Elton, Head of Service Improvement, Oasis Community Housing

D: Action through education

11.45-12.45

Chair: **Dr Gemma Ashwell**

The Importance of empathy in inclusion healthcare

Dr Andy Ward, Associate Professor of Medical Education and Inclusion Health GP, Stoneygate Centre for Empathic Healthcare & **Ray Cottingham**, Leicester Peer Programme Manager, Hep C Trust

Enabling psychologically informed environments and trauma informed care in organisations: leadership perspectives

Dr Peter Cockersell, CEO, Community House and Therapy & **Dr Sione Marshall**, Clinical Psychologist

Stakeholder mapping in inclusion health: Who needs to be included?

Dr Luke Johnson, Public Health Registrar, UCLH Find and Treat

12:45 - 14.00 Lunch, Networking, Mobile Outreach Services, Exhibition & Poster Displays

LUNCH & LEARN

13.20 – 13.50 Main Hall

Action on addiction – challenging stereotypes, saving lives

Chair: **Dr Chris Sargeant**

Glasgow's plans for a safer drug consumption facility

Dr Saket Priyadarshi, Associate Medical Director and Senior Medical Officer, Glasgow Alcohol and Drug Recovery Services

13.00 – 13.45 Room 4

The hidden addiction creating roadblocks in the pathway from homelessness – tackling gambling addiction together

Chair: **Gina Rowlands**

Sarah Forshaw, Head of Service Development, Gordon Moody  **GORDON MOODY**

13.15 – 13.45 Royal Oak Pub
Thinkpods

Small, informal discussions which serve as a great way to explore shared topics of interest. Topics will be advertised on the day.

If you would like to run a Thinkpod, please notify colleagues at the Pathway stand.

14:00 - 15:15

CONCURRENT SESSIONS 2

A: Improving inclusion health primary care

Chair: **Dr Gemma Ashwell & Tony Jablonski**

Focused care: making the invisible visible

Dr Laura Neilson, CEO, Shared Health Foundation

Green health prescriptions for people experiencing homelessness

Dr Katie Hawkins, GP & **John Murphy**, Practice Nurse, The Access Place

A realist review of the causes of 'missingness' in primary care and the interventions designed to address it

Dr David Baruffati, Research Associate, University of Glasgow

B: Action on addictions

Chair: **Dr Pippa Medcalf & Pete Bull**

Rough Sleeper Drug and Alcohol Service collaborative working with the Chapman Barker Unit for rapid access to inpatient detoxification for the homeless population

Gill Heaton, GM Housing First, RSDA Salford & **Clare Hilton**, Patient Flow Lead, Chapman-Barker Unit, GMMH

It's more than Hep C - Hepatitis C and people who experience severe and multiple disadvantage

Lou Wilkins, Team Leader & **Sarah Paling**, Specialist Harm Reduction Outreach Lead, The Health Shop

Delivering neuro informed care in Homeless services

Dr Viki Teggart, Consultant Clinical Neuropsychologist & **Dr Rebecca Humphreys**, Clinical Neuropsychologist, GMMH

Navigating transitions into and through peer worker roles: an autoethnographic exploration of work on the SHARPS Study

Josh Dumbrell, Research Assistant, University of Stirling

C: Action on mental health services

Chair: **Ellie Craven**

Using local service data to inform an inclusive model of mental health care

Dr Eileen Corroon Sweeney, Consultant Psychiatrist, Inclusion Mental Health Team, **Dublin South City**

The 'good' bye - reflections on transitions and endings in a mental health homeless team

Dr Sarah Shand, Specialist Therapeutic Outreach Team & **Maria Preston**, Clinical Team Manager, LYPFT

Integrating primary care and mental health in an NHS homeless healthcare service: a pilot of using a 'seeking safety' group-based intervention

Dr Jodie Pitt, Principal Clinical Psychologist, NHS Homeless Healthcare and **Catherine James**, GP Homeless Healthcare Team Southampton; Berkshire West Primary Care Training Hub Programme Director

D: A year of action in the Pathway Partnership Programme

Chair: **Dr Chris Sargeant**

In this session we explain our programme supporting commissioners, managers and teams to improve the health of people experiencing homelessness.

Dr Peter Buchman, GP; Deputy Clinical Lead, **Paul Hamlin**, Project Manager & **Theo Jackson**, Research & Data Lead, Pathway Partnership Programme

Dr Danielle Williams, GP Lead Homelessness Inclusion Team, St Georges Hospital NHS Trust

Dr Danny Fay, GP, **Shona Rogers**, Peer Researcher & **Emily Slyfield**, Support Worker, Health Inclusion Pathway Plymouth

15:15 Refreshments, Networking, Mobile Outreach Services, Exhibition & Poster Viewing

15:45 - 16:45

PLENARY TWO: INCLUSION HEALTH: THE POWER OF EDUCATION

Chairs' Introduction

Dr Chris Sargeant, Medical Director, Faculty for Homeless and Inclusion Health

Presentation

Jeff Parker, Pathway Expert by Experience

Inclusion Health: the power of education

Dr Gemma Ashwell, GP, Bevan Healthcare and Clinical Lecturer, University of Leeds
Professor Margaret Greenfields, Professor of Social Policy, Anglia Ruskin University

Panel Discussion
above speakers, plus:

Samraj Bhullar, Student Representative

16:45 - 17:30 **PLENARY THREE: TAKING ACTION ON INCLUSION HEALTH**

16:45 Chairs' Introduction **Dee O'Connell**, Head of Policy and Programmes, Pathway
Dr Jenny Drife, Consultant Psychiatrist, START Homeless Team; Advisor to the Royal College of Psychiatrists on Homelessness

Launch of the first annual Homeless and Inclusion Health annual review – the state of inclusion health **Francesca Albanese**, Executive Director of Policy and Social Care, Crisis

17:30 Award of Honorary Fellowships to the Faculty

17:40 Sing for Freedom Choir (Main Hall)

The choir will be performing a short programme of their own poetry and songs in joyful acapella harmony, chosen and adapted by the group in response to their current theme of 'belonging'.

18:00 Symposium Reception - all delegates welcome



DAY 2: THURSDAY

8:30 - 9:30 Breakfast Breakouts

International Breakfast Briefing

Chair: **Nikita Kartikapallil**
Main Hall

CANCERLESS PROJECT: Innovative health services for cancer prevention in homeless people

Professor Rosa Gómez Trenado, Project Manager-Researcher, Fundacion Para la Investigacion e Innovacion Biosanit en Atencion Primaria – Sermasb, Spain

Co-designing the Health Navigator Model to enhance cancer prevention and early detection among people experiencing homelessness in Europe

Tobias Schiffler, Research Assistant/PhD candidate, Department of Social and Preventive Medicine, Centre for Public Health, Medical University of Vienna, Austria

Results of a Phase II Hybrid Randomised Controlled Trial of the Homeless Health Response Bundle on reattendances to an Australian Emergency Department

Professor Jane Currie, Professor of Nursing, Queensland University of Technology, Australia

Panel Discussion

Chair: **Dr Chris Sargeant**
Room 2

Action on effective interventions: peer-led, psychosocial and NICE

Guillermo Rodriguez, Head of Evidence and Data, Centre for Homelessness Impact

Greg Hurst, Head of Communications and Public Affairs, Centre for Homelessness Impact

Dr Jo Brown, Research Manager, Groundswell

James Dillon, Peer Evaluator, Crisis
Katie Carter, Pathway Housing and Team Coordinator, Arch Health CIC/Brighton & Sussex University Hospitals NHS Trust

Sara Emerson, Health Engagement Team Leader, Justlife

Refreshments and exhibition: Undercroft
Thinkpods: Royal Oak Pub
Plenaries: Main Hall

9:15 Registration, Networking, Mobile Outreach Services, Exhibition & Poster Viewing

9:45 - 11.15 **PLENARY FOUR: USING SAFEGUARDING TO CHALLENGE POOR PRACTICE, IMPROVE CARE AND CHANGE CULTURES**

Chair's Opening Remarks **Sam Dorney-Smith**, Pathway's Senior Nursing Fellow and Secretary of the London Network of Nurses and Midwives Homelessness Group

In Conversation with... **Khosru Miah**, Community Member, The People's Recovery Project

Presentations:

Professor Michael Preston-Shoot, Emeritus Professor of Social Work, University of Bedfordshire

Melanie Williams, Vice President, Association of Directors of Adult Social Services; Corporate Director, Adult Social Care and Public Health, Nottingham County Council

Gill Taylor, Independent Homelessness, Safeguarding & Inclusion Health Consultant

Join at
slido.com
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11:15 Refreshments, Networking, Mobile Outreach Services, Exhibition & Poster Viewing

11.45 **CONCURRENT SESSIONS 3**

A: Pecha Kucha Presentations (5min each) 11.45-13.15
Chair: **Alex Bax & Jeff Parker**

Presentation details overleaf

B: Improving inclusion health in hospitals 11.45-12.45
Chair: **Dr Pippa Medcalf**

All right stop, collaborate and listen. Can Vanilla Ice inspire out of hospital care?
Elizabeth Keat, Homeless Integration Lead, Leeds Community Healthcare

Severe injection-related infection: development of a novel, patient-centered pathway
Dr Claire Mackintosh, Consultant Infectious Disease Physician, Regional Infectious Diseases Unit, Western General Hospital & **Linda Smith**, Lead Drug Liaison Nurse, NHS Lothian

My voice matters
Rebekah Besford, Clinical Lead Nurse and **Dawn Benge**, Care Navigator, Leeds HHIT

Using immigration advice to help vulnerable non-UK nationals experiencing homelessness find pathways out of destitution: the hospital discharge mode
Josephine Whitaker-Yilmaz, Policy and Public Affairs Manager, Praxis

C: Post-hospital housing and support 11.45-12.45
Chair: **Gina Rowlands & James Dillon**

Innovative practices in intermediate care
Dr Johanna Reilly, GP, Edinburgh Access Practice

Greater Manchester Housing First: Integrated health offer for people with co-occurring mental health, alcohol and drugs support needs

Jade Elliott, Operational Manager & **Emily Cole**, Programme Lead, GM Housing First

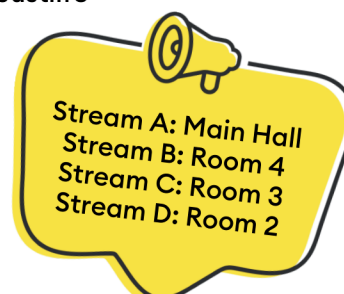
Access to health services for those in temporary accommodation through health engagement work
Sara Emerson, Health Engagement Team Leader, Justlife

D: Speak up for inclusion health in the General Election 11.45-12.45

In this session, we will be co-creating a Conference Statement to release to politicians on all sides of the political divide after we leave the conference. We want the statement to highlight the unacceptable circumstances our patients find themselves in, the inadequacy of our health care system to meet their needs and the urgent action that must be taken to address this.

We'll be using the findings of the Barometer as headlines to help guide us through the process. All we ask is that you bring your passion, your voice and your asks of the next Government.

Facilitated by **Dee O'Connell**, **Rachel Brennan** and **Gill Taylor**



Stream A: Main Hall
Stream B: Room 4
Stream C: Room 3
Stream D: Room 2

11.45-
13.15

STREAM 3A: Pecha Kucha Presentations

1. **What does expert practice and research tell us about executive functioning and The Care Act in homelessness?** | **Ellie Atkins**, Manager & Safeguarding Lead, Adult Social Care in Homelessness and Rough Sleeping, Manchester City Council
2. **Making a rough sleepers' drug & alcohol outreach team psychologically and trauma informed** | **Dr Sophie Buckley**, Clinical Psychologist & **Chloe Shepherd**, Substance Misuse Practitioner, Nottingham Recovery Network/Framework HA
3. **Feedback, reflections and learning in the co-design and delivery of inclusion health education with experts by experience** | **Jo Dawes**, Physiotherapist and Research Fellow, University College London
4. **Hostel support workers' experiences navigating healthcare alongside people experiencing homelessness** | **Iman Muzafar**, 4th Year Medical Student, Imperial College Business School & King's College London
5. **Proactive preventative medicine for homeless populations: a case series in primary care** | **Dr Neil Singh**, Head, Homeless and Inclusion Health Service, Victoria Primary Care Network, Eastbourne & Senior Clinical Teaching Fellow, Department of Primary Care and Public Health, Brighton and Sussex Medical School
6. **Preliminary findings: what is the nutrition status of homeless people residing in temporary accommodation in North London?** | **Hannah Style**, Founder and Research Dietitian, FEAST With Us
7. **Mitigating the overdose risk faced by people experiencing homelessness from across Cranstoun services** | **Wendy Taylor**, Assistant Director of Services & **Chris Rintoul**, Head of Harm Reduction, Cranstoun
8. **Exploring effective mental health interventions for people experiencing homelessness: An East of England NIHR ARC Research Project** | **Jenny Walker**, Inclusion Health & Homelessness Advanced Nurse Practitioner, NSFT
9. **Meeting the mental health need of people seeking asylum and refugees in Norfolk** | **Dr Hannah Fox**, GP, SHIFA Clinic, NSFT
10. **'Everyone counts': an exploration of barriers to accessing healthcare for some of the most vulnerable children in the NHS** | **Holly Tarn**, Year 4 Medical Student, Brighton and Sussex Medical School
11. **One small step for Bevan, one giant leap for inclusion health patients** | **Dominic Maddocks**, Paramedic and **Angelique Denys**, Homeless Outreach Nurse, Bevan Street Health Team
12. **Developing a 'neuro-informed' network** | **Dr Louise Noronha**, Clinical Psychologist, Psychology in Hostels Team, East London NHS Foundation Trust & **Dr Ché Rosebert**, Clinical Psychologist / Tower Hamlets Psychology in Hostels Lead
13. **Embedding peer work in interdisciplinary health settings: An example from the neunerhaus Mental Health Practice** | **Paula Reid**, Health and Participation Lead, neunerhaus
14. **Work score use repeat** | **Dr Hayley Rees**, GP, Bevan Healthcare CIC

12:45 -
14:00

Lunch, Networking, Mobile Outreach Services, Exhibition & Poster Displays

LUNCH & LEARN

13.20 – 13.50 Main Hall

Evaluation of the pan London substance misuse inpatient detox and rehab pathway for people experiencing homelessness

Chair: **Dr Rafi Rogans-Watson**

Dr Caroline Shulman, Inclusion Health Clinician and Researcher; Honorary Lecturer, UCL; Pathway Senior Clinical Fellow – Homelessness and Palliative Care

13.00 – 13.40 Room 4

Action on employment - recruiting people with lived experience of homelessness into the NHS, a best practice toolkit

Chair: **Sam Pratt**

Emma Thomson, Senior Project Manager, Pathway & **Darren De Vally**, Freelance Consultant for Pathway

13.15 – 13.45 Royal Oak Pub
Thinkpods

Small, informal discussions which serve as a great way to explore shared topics of interest.

Topics will be advertised on the day - if you would like to run a Thinkpod, please notify colleagues at the Pathway stand

14:00 -
15:00

CONCURRENT SESSIONS 4

A: Integrated Commissioning

Chair: **Dee O'Connell**

This session will discuss challenges and opportunities on inclusion health for ICSs and will ask what more needs to be done locally and nationally to make real improvements in health and care for people facing social exclusion.

Dee O'Connell, Director of Policy and Programmes, Pathway
Gill Taylor, Inclusion Health Learning Programme Lead, Pathway
Nicola Gitsham, Head of Healthcare Inequalities Improvement and Personalisation, NHS England
Clare Mahoney, Complex Lives / Inclusion Health Programme Lead, Liverpool Place
Lisa Byrne & Lena Abdu, Surrey Heartlands ICB

B: Tailoring Therapies

Chair: **Sophie Koehne & James Dillon**

Does a little go a long way? OT clinics in a high support hostel
Nicola Bygrave, Senior Occupational Therapist and **Anna Midgley**, Westminster Homeless Health Coordination Project (HHCP), EASL

Digital pathways through homelessness: a longitudinal qualitative study exploring technology use in relation to health for women experiencing homelessness

Sophie Gaber, Occupational Therapy Postdoc Researcher, University College London (England) & **Marie Cederschiöld University** (Sweden) & **Jo Dawes**, Physiotherapist and Research Fellow, University College London

Communication support: A pilot to develop a speech and language therapy service within the Greater Manchester Mental Health Foundation Trust Homelessness Services

Laura Cole, Speech and Language Therapist, Greater Manchester Mental Health Foundation Trust

Nutritional assessment of people experiencing homelessness
Ghislaine Swinburn, PCN FCP Dietitian, Bristol Inner City Primary Care Network

C: Action on Housing

Chair: **Sam Pratt & Tony Jablonski**

Health begins at home
Sharon Collins, Director, Keep Well Collaborative, Hampshire & Isle of Wight Integrated Care Board

Health and housing: making permanent supportive housing work for Canada's most vulnerable
Stephen Rolfe, Director of Health Partnerships/PhD student, Indwell & **Dr Abe Oudshoorne**, Associate Professor and Associate Director (Graduate Programs), Western University, Ontario

A place to play: The effects of temporary accommodation on the play needs of under-5s
Anna Pearl Johnson, Researcher, The Reach Alliance



D: Leading the way on co-production

Chair: **Jeff Parker**

"I have lived through it": initiating system change through the voice of lived experience
Carolin Hess, Research Fellow, Nottingham Trent University/Changing Futures Nottingham; **Sabrina Robinson**, Expert Citizen, **Julian Jennings**, Peer-Mentor & **Amelia Draper**, Evaluation Lead, Changing Futures Nottingham

The evolution of a grassroots Inclusion Health Network to City of Sanctuary Health Stream in Norwich
Dr Hannah Fox, GP & GPwER in mental health of people seeking asylum, Lawson Road Surgery & **Dr Emily Clark**, GP, Prospect Medical Practice; NIHR In-practice Fellow, University of East Anglia

15:00 Refreshments, Networking, Exhibition & Poster Viewing

15:45 -
16:45

PLENARY FIVE: PROFESSOR AIDAN HALLIGAN MEMORIAL LECTURE AND CLOSING STATEMENT

Chairs' Opening Remarks

Dr Chris Sargeant, Medical Director, Faculty for Homeless and Inclusion Health

Lecture

Professor Sir Michael Marmot CH, Director, UCL Institute of Health Equity; UCL Dept of Epidemiology and Public Health

Faculty Network's Commitment to Action

Dr Jenny Drife, Consultant Psychiatrist, START Homeless Team; Inclusion Health Advisor to the Royal College of Psychiatrists on Homelessness

Tony Jablonski & Gareth Davis, Pathway Experts by Experience

Vote of Thanks & Closing Remarks

Leslie Morphy CBE, Chair, Pathway

Poster Presentations

Audio poster presentations will feature throughout the programme over the two days, giving delegates an opportunity to find out more about each project. A visual poster will also be on display in the refreshments area.

Digital interventions for older people experiencing homelessness (OPEH): A systematic scoping review |

Emily Adams, PhD Student, University of Edinburgh, School of Health and Population Sciences

A new outreach model of primary care for homeless individuals in Cardiff: the first 6 months |

Dr Eleanor Harris, GP, Cardiff and Vale Health Inclusion Service

Health and homelessness: a retrospective study describing the use of secondary care services by people suffering with homelessness in NHS Lothian |

Dr Haris Haseeb, Internal Medicine Trainee; Honorary Fellow at Centre for Biomedicine, Self and Society, NHS Lothian / University of Edinburgh and

Dr Anna Gordon, Clinical Research Fellow, Clinical Infection Research Group, RIDU, Western General Hospital

Childhood experiences and subsequent trauma presentation in people with experience of sleeping rough: The role of self-compassion & self-criticism | **Emily Igoe**, Trainee Clinical Psychologist, University College London/National Health Service

Perceptions and experiences of psychological services by people sleeping rough | **Abigail Jones**, Doctoral Student / Trainee Counselling Psychologist, University of Roehampton

Work score use repeat | **Dr Hayley Rees**, GP, Bevan Healthcare CIC

How does your garden grow? With quality improvement we hear you reply :) | **Dr Ché Rosebert**, Clinical Psychologist, Tower Hamlets Psychology in Hostels Team, East London NHS Foundation Trust

Frailty of homeless people in Frankfurt am Main, Germany | **Carmen Speck**, Physiotherapist MSc, Elisabeth-Straßenambulanz, Caritasverband Frankfurt, Germany

An innovative approach to preconception care for inclusion health populations: sharing lessons learnt for success | **Dr Amy Stevens**, Public Health Lead, Bevan Healthcare

Understanding the needs of people experiencing homelessness presenting to emergency services in rural and coastal Northumberland and North Tyneside: a retrospective analysis and qualitative investigation | **Dr Steven Thirkle**, Research Associate, Newcastle University

A drop-in smoking cessation clinic for people experiencing homelessness | **Thomas Goldspink**, Nurse Practitioner Homeless Health Service - Westminster

An art workshop exploring experiences of social prescribing for female asylum seekers living in contingency accommodation in Camden | **Jo Dobbin**, University College London
Spiro on the Streetz | **Olivia Boothroyd**, Practice Nurse, York Street Health Practice

Pathway from Homelessness Symposium 2024 Box Set

All presentations from this event are filmed and recorded, creating a box set of over 14 hours of professional content – a unique digital library which all participants will receive shortly after the Symposium to inform practice and to share with colleagues.

For more information about Narrowcast Media Group, contact paul@narrowcastmedia.co.uk.

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